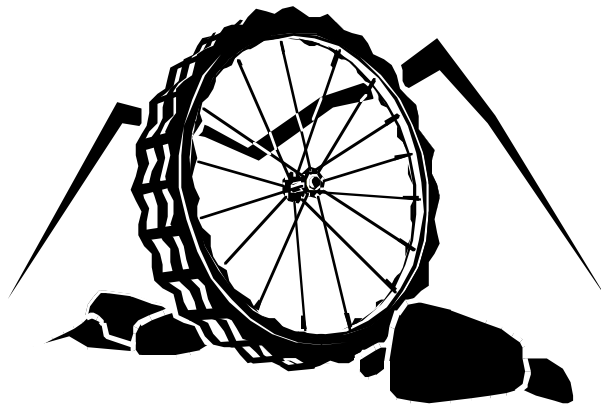




The Champagne of
Mountain Bike Clubs



PMBC

Pasadena Mountain Bike Club

www.pmbc.org

Affiliated with



I·M·B·A

May 2002 Newsletter

🚲 *Celebrate el Cinco de Año All Month!* 🚲



Mmmm...scrumptious tacos

This Month's Top Stories

- Message From The President
- Quick & Easy Fitness Tips
- Hittin' The Trails

- Some of the usual stuff
- Handy addresses

MESSAGE FROM THE PRESIDENT

Bust out your condiments and get your B.O.B. trailer stocked up with beverages because it's barbecue weather again! In fact we're planning on having a barbecue at our next club meeting on Wednesday, May 1st. That'll be at Pasadena Cyclery at 7:00pm. We'll be watching freeride videos and chowing down just like last month. We had a pretty good turnout at that meeting and expect better turnouts to follow since we'll be having more than just food and fun at The Peck's expense. Our good sponsor, Alan,

from Pasadena Cyclery offered to provide seminars for our edification and bemusement. This next meeting will feature a wheel building and truing seminar, so pay up your dues, show up, and learn something. Remember that our memberships will no longer be January to December but now will be 12 months from the time you pay. Alan at PC will be maintaining the database and mailing out membership cards. If you've already paid for *this* year but haven't seen anything yet, please e-mail me

because we did have some minor snafus with the current membership list not being updated with some renewals. We still will be hammering out ride schedules and other event plans at the meetings.



We had left the Thursday Night Rides' future up in the air since we weren't sure if people were gonna show up but so far people have been coming, so we will push on. So far we're sticking to the local four rides; Brown, Henninger, La Tuna and Lukens, but if attendance is still good we will probably add Winter Creek, Josephine, the Burton and Hoyt to the lineup when daylight permits. Weekend rides are moving along and we are trying to get some rides in on the areas of the Angeles National Forest that may be in danger of becoming new Wilderness areas and being off-limits to bikes. Give us your ride input or volunteer to lead some rides at the next meeting.



Concerning the Wilderness proposals, I recently attended the IMBA Southern California club summit that was held during the Southern California Bike Expo at the LA Convention Center in April. Representatives from 28 IMBA affiliated clubs gave small reports about their clubs' origins, activities and current issues – especially concerning IMBA and the Wilderness proposal and the Forest plan. What I learned is that many clubs are going through the same things we are in terms of membership trends and all have the same issues concerning the

increasing impact of so-called "freeriders" on all of our local trails and mountain bikers' collective image to the other trail users. Other areas in the state seem to have more conflicts and have come to critical situations with their land managers that might lead to trail closures to mountain bikes.

We are pretty lucky to have most of our local trails open to us and need to make sure that we give all the attention we can to keeping the trails we do ride open to us. That means that doing work on the trails, like going to work days with the Mount Wilson Bicycling Association is even more important than ever. That doesn't mean that we shouldn't support new wilderness areas where it is appropriate, but we do need to stop apologizing for our chosen form of recreation. Other IMBA club representatives brought up that point. We are usually lumped into the side of conservation groups (which isn't all bad) and not with the OHV groups like 4-Wheel drive clubs. Some expect that we should be ready to give up our right to ride and recreate on these public lands because we're supposed to be on the side of conservation. We are, but not blindly. We need to remind the people that make decisions on trail use that responsible recreation on them is a valid use of the land and that they were mandated to provide for places for these activities to take place. That includes the motorcycle and OHV groups as well as mountain bikers and other non-motorized users. If you keep narrowing and restricting the places that can be used, then the places that are open to specific users will see greater impact and conflict. It was not all bad news at that meeting though. From what IMBA has learned, and thanks to input that was provided by our club and many of the other groups in attendance, the areas affected by the Wilderness proposal that Senator Boxer is presenting and the USFS Forest Plan revisions will probably NOT involve Strawberry Peak or Condor Peak. Other areas involved will be redrawn to not include some trails like in the West Fork and Pleasant View (Devil's Punchbowl) area. Of course we do not have the actual information on what areas are involved since the Wilderness proponents at calwild.org have not updated that information on their website in months (probably on purpose). I'll keep you posted on what comes next.

The Boxer bill will next go to committee for review before being implemented. The review stage is when we will need to decide – along with IMBA – whether we will support it after it's adjusted to meet our needs, as well as the Wilderness proponents. Then we can pepper our representatives with calls and e-mails reminding them that we vote and pay taxes too.

That's about all the heavy stuff for now. Don't forget to go to trail work with the MWBA. Call them at (626) 795-3836 to find out what's up with them.

Check out the ride schedule for weekend or Thursday Night Rides and I'll see you out there.

Later,

Martin



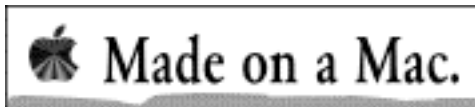
Dreaming of working in a bike shop someday

Postcards from Italy

by Dirk Waldhauser (our German friend)

Hi Martin!

How are you? Sorry, that I took such a long time to answer your last mail. But last summer was almost perfect and I was able to spend a lot of time on my bike. I bought a new frame and a new fork, after I became 30 years old, I decided to buy a full-suspension bike, because, when you get older you have to be well aware of your health, or maybe it was just to be a bit faster on the trails. I went biking a lot last year, about 1000 miles and about 135,000 ft. in altitude.



The Italian Villa

Enclosed you find pictures from my longest bike trip last year. We went to Italy, to Lago di Garda, and climbed Monte Altissimo. It was a long descent, about 7500 ft., almost every inch on singletrail. On the other hand, we had to climb the mountain before and we had a pretty hard time in the saddle and in the hour-long hike-a-bike section close to the summit. But after all it was a really epic ride and I still think about it.

I hope, you still enjoy biking as much as I do, and I really look forward to start this year's biking season.



Downhilling in Italy

The Joys of Trail Work

by Scott Dayman

At the end of March, Katrina and I went out for our first try at doing trail work with the Mount Wilson Bicycling Association. I'm sure you've heard of

them. Martin always mentions them and that we should give them a hand.

They do trail work on the last Saturday of just about every month, which is often also the 4th Saturday, which is when I lead the beginner rides. But two or three times a year, the last Saturday is the 5th Saturday, so it's a prime opportunity for me to join the MWBA for a day of fun in the sun.

This time, the chosen trail was El Prieto – a favorite of mine...to ride. The quality of the trail comes and goes, so it was nice to have an opportunity to help it out some. Especially since I've ridden it many times and never lifted a shovel to fix it.



We all met at the Millard Campground sometime after 8 that morning. Martin and Ray were also there; this was also Ray's first time doing trail work. After signing in, we hopped into a few trucks and drove up to a spot near the trailhead where we could grab the desired tool(s), a pair of gloves, and then hit the trail.

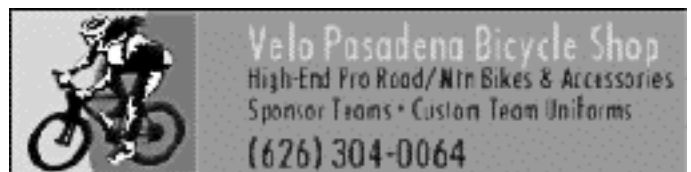
It's kind of a free-for-all. You can either go solo, or as a group, and hit various spots on the trail and fix it up a bit. This time the work was pretty light. There were many people who came out to work, so that just made the job that much easier. Katrina and I had a shovel and dirt rake, so we naturally did dirt work. Others got clippers to trim back the brush. As I said, this was apparently an easier day for work, as the trail was already in halfway decent shape, so we worked our way down the trail flattening out the ruts and putting dirt back where it belonged. After a couple of hours or so, we made it to the bottom end of the trail, satisfied that we hit most of the spots that needed attention, and then walked the trail back to the top.

After all of the times I've ridden El Prieto, walking it is very different; especially walking back up the trail, since I've never ridden El Prieto bottom-to-top, but several people that day were doing it. I got to fully enjoy all the various sections of the trail, and it was great day to be out for a hike.

We got out of there by about 1:00pm, but it didn't feel like a long morning. I hear that some of their work days require lots more work, materials, and people, so I feel I got off easy this time. I'm hoping that I can go at least one more time this year. It's really not hard work, and it's the least we can do to clean up after ourselves when we ride.



Now it's my turn to nag like Martin. It's not much to ask for a person to go out and work on the trail just one time during the year. It's like doing yard work, but it's someone else's yard, and it's about 3 hours of work, which is less time than I usually spend on yard projects during a weekend. Plus, Pasadena Cyclery will give you an extra 5% discount on top of the 10% they give a PMBC member. Call them at (626) 795-3836 or visit them at www.mwba.org to see what they have planned next.



Rides and Events



*Helmets required on ALL rides!
Call the RideLine at (626) 577-RACE for info*

Wednesday May 1, 7:00pm – Club meeting, BBQ and wheel building/truing seminar at Pasadena Cyclery, 7:00 pm.

Thursday May 2, 6:30pm – TNR La Tuna Canyon, La Crescenta.

Sunday May 5, 5:00pm – Cinco de Mayo Taco Ride, Los Angeles. Ride Leader – Tony Quiroz

Thursday May 9, 6:30pm – TNR Millard Canyon to Brown Mountain, ANF.

Saturday May 11, 8:30am – Beginner Ride. Meet at Pasadena Cyclery at 8am. Ride Leader – Scott Dayman

Sunday May 12, all day – Mother's Day. Go for a ride with your Mom.

Thursday May 16, 6:30pm – TNR Henniger Flats, Altadena.

Saturday May 18, 9:00am – Lowe Road/Idlehour/Toll Road loop, ANF. Ride Leader – Ray Herrera

Thursday May 23, 6:30pm – Brown Mountain/El Prieto Trail loop, Altadena.

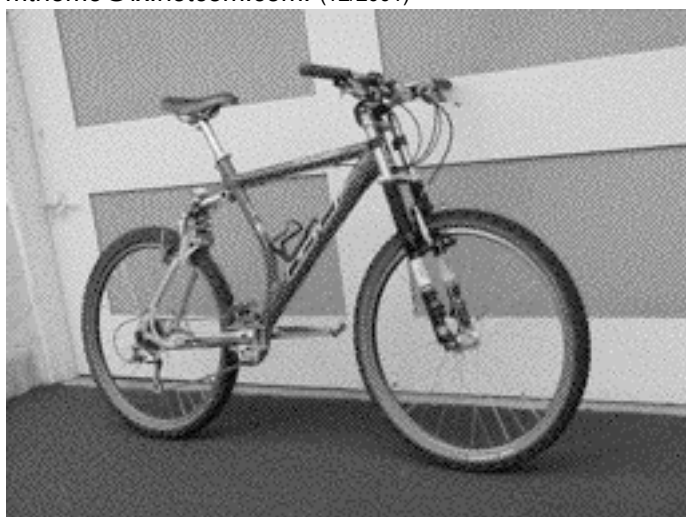
Saturday May 25, 8:30am – Beginner Ride. Meet at Pasadena Cyclery at 8am. Ride Leader – Scott Dayman

Sunday May 26, 9:30am – Mt.Hillyer, ANF. Ride Leader – John Khao

* ANF=Forest Adventure Pass required

Classifieds

GT LTS2000-DS – 18" Red Aluminum Frame, RockShox Judy XL Triple-Clamp Forks, Fox adjustable shock, fresh tires, in great shape. Upgrades include XTR V-Brakes. Bike has been very well-maintained, clean, and best of everything. Definitely the best value you'll find in a serious off-road mountain bike for this price, fun to ride & great performance. Originally retailed around \$1800. Need to make room for new bike, after I bought Martin's. \$850.00. Call Mark at 714-343-8799 (cell) or e-mail at mthome@ix.netcom.com. (12/2001)



For Rent: Serfas Bike Cases – \$20 per use. I have two of these cases available for rent. Each case will hold one bike, includes a copy of breakdown & shipping instructions. Two sheets of egg-carton foam in each case protects your pride & joy from over-zealous shipping gorillas. You pick 'em up at my place in Costa Mesa, and bring 'em back after you're done using them. Call Mark at 714-343-8799 (cell) or e-mail at mthome@ix.netcom.com. (12/2001)



(more on next page)

1997 Blue Stumpjumper M2 – M2 X butted Metal Matrix Ceramic Composite Chassis (20% stiffer, 8% stronger). Manitou Pro Fork with coil/MCU-sprung suspension with Specialized Stout front hub. Shimano Deore XT/Deore LX Derailleurs and LX SL Rapidfire shifters. New forged Son of StrongArm crank. Avid "Single Digit" cold-forged linear pull brakes with Speed Dial brake levers. Specialized Team Control/Team Master Kevlar bead tires, Mavic 238 rims and Ritchey spokes. Made in U.S.A. Upgrades include Kore Stem & Shimano DH Pedal (or Ritchey Logic Clipless). 20.5" Frame. Like New. \$650 OBO. Call John at 310-407-7040.

18" steel hardtail mtb frame – \$199 or best offer. Call Doug Sullivan 626-683-8327 or e-mail hardtailmtnbiker@yahoo.com or MtWilsonmtnbiker@cs.com

More Taco Tour Pics



Look! Angels Flight Railway!

PMBC RideLine

(626) 577-RACE

Sponsored by Pasadena Cyclery!



Ray's sobriety test



I LOVE greasy tacos!

Club Information

Mailing Address	PMBC 1670 East Walnut Street Pasadena, CA 91106
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Racing Manager	Rob Baraga rob@pmbc.org
Advertising Coordinator	Colette Hallman (626) 794-1245
Fitness Expert	Doug Sullivan doug@pmbc.org
PMBC Rideline	(626) 577-RACE
General Membership	membership@pmbc.org
Drive-by E-Mail	mailbag@pmbc.org



PMBC Membership Application

What are your interests?

- Touring
- Beginner Rides
- Racing
- Recreational Rides
- Trail Maintenance
- Thursday Night Rides
- Riding Clinics
- Maintenance Clinics
- Trail Access Issues
- Other _____

name _____
 address _____
 city, state, zip _____
 phone _____
 e-mail _____
 home page url _____
 racing class: beginner sport expert semi/pro

new members: \$25
old members: \$15
(renewals)

mail checks only to: Pasadena Mountain Bike Club 1670 E. Walnut Pasadena, CA 91106

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