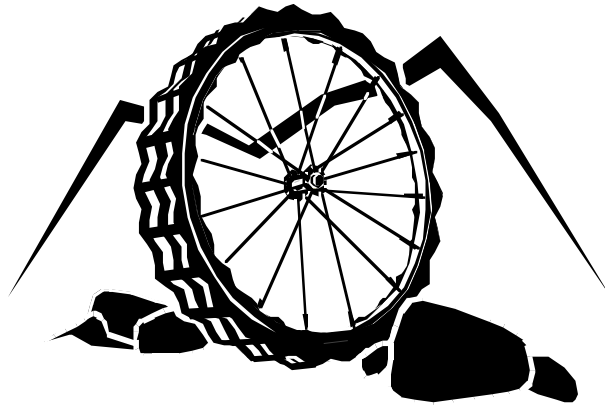




The Champagne of
Mountain Bike Clubs



PMBC

Pasadena Mountain Bike Club

www.pmbc.org

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I·M·B·A

August 2003 Newsletter

🚲 *The No-Holiday Month* 🚲



Tony Quiroz at Hillyer

This Month's Top Stories

- Message From The President
- We dig up more dirt
- Random thoughts

- Some of the usual stuff
- Handy addresses

MESSAGE FROM THE PRESIDENT

Today was the hottest day of the year so far,. Smog alerts are back after a long absence, and my central air conditioner at home decided to choose this most inopportune moment to die. After watching Joseba Beloki of ONCE melt a tire in the Tour de France on a similarly hot day and then high side himself out of the Tour, my excitement about riding my new road bike was lessened a bit. The late afternoons and evenings are nice though and I need to take a few laps around Puddingstone Lake at sunset to break in my new Scandium Rocky Mountain road bike. Hopefully my wife will have the AC fixed by the time I get home this weekend because tomorrow morning I'm leaving

for Whistler, BC for my company's "sales meeting," which may or may not include riding in the bike park. Go ahead and call me some expletive. I won't hear you from Canada. Don't worry, I'll take pictures.

You can join the PMBC for some epic rides at another ski resort when we spend a week, or at least a three-day weekend, up at Mammoth Mountain next month. We'll be up there the weekend of August 16-17th. If you are at all interested in joining us, you'd better e-mail, call, smoke-signal, or telegraph soon because we're already making reservations. We're talking

about riding, fishing and barbecuing in the Sierras, baby! All shall be epic-except maybe for me and that whole fishing thing which I am pitiful at. I'll also be up there trying to get some business up in the Eastern Sierras so I'm planning on being up there a whole week.

I am sure we'll be nailing down the barbecue menu for the Mammoth trip at the next club meeting on Wednesday, August 6th at 7:30pm. That's the week before we leave. This next meeting will be at Fuddrucker's Restaurant in the Hastings Ranch shopping center on the corner of Rosemead and Foothill in Pasadena. Be there and renew your darned memberships while you're at it (Ray). You can also drop some cash for a styley PMBC jersey or vest (I think we still have some). They're \$55 if you're a PAID member. \$75 if you ain't and that includes membership dues. See Forrest about those.



That's all the pain I have for you this month. If you're interested in going out to trail work with the Mt. Wilson Bicycling Association, fire me off an e-mail (martin@pmbc.org) and I'll forward you stuff when I get it. That's usually a day or two before they plan on doing trail work, but it does still seem to be the fourth Saturday of the month, so you can clear your schedule and do your part to keep our favorite trails styley. Don't forget to join us for some weekend or Thursday Night Ride action. Vetter Mountain was nice – like always – last month although some pinheads took out the log obstacle that we loved so much. And try not to miss our return pilgrimage to Mammoth even though there is no World Cup or even NORBA National race there this year. We all were in too much pain racing up there anyway.

See you out there and happy trails,

Martin



Rider Profile

by Forrest Hayashi

[Continuing our reputation for slander and defamation, Forrest gets the goods on another member.]

Name: Bob Britton.

Age: 51.

Live: Duarte.

Job: Trust Administrator for Bank of America.

How long have you been mountain biking? 3.5 years.

First mountain bike? Jeep Renegade.

Current mountain bike? Trek Fuel 80.

How often do you ride? Almost every Saturday.

Your favorite riding spot? Anywhere.

Do you race? No.

What's your best crash? None...yet.

What was the last thing you bought for your bike? Light system.

What's one thing that you've learned from mountain biking? Keep my head up.

If you had a \$100 burning a hole in your pocket right now, what would you buy? I'd save it for disc brakes.



When Bob's not pedaling up hills, he rides in rugged style.

Short and Sweet

by Scott Dayman

It's a bit of a short newsletter this month. We don't have much to say. And I've finally gotten around to putting it together after spending close to two weeks doing some home-remodeling. I'm sitting at my slightly-disassembled computer at the dining room table, which is in the living room right now.

Just because we don't have much to say, it doesn't mean we haven't been up to much. We had the BBQ in July, where Forrest brought burgers and dogs. All you can eat.

To fill up space, I'm throwing in some various pictures that club members keep sending me. Most of them end up on the website in the Photos section. Look for the ones labeled "NEW" and maybe they'll be new to you. Even the old ones might be new, so pay the website a visit and see what you've been missing.

Tune in next month for a slightly more normal newsletter.

Rides and Events

*Helmets required on ALL rides!
Call the RideLine at (626) 577-RACE for info*

Saturday, August 2, 7:30am – 12 Hours of Big Bear.
Ride Leader – Martin Gomez.

Sunday, August 3, 8:00am – Inspiration Point/Middle Merrill/Sunset Ridge Loop. Meet at Chaney Trail Gate.
Ride Leader – Doug Sullivan.

Wednesday, August 6, 7:30pm – Club Meeting at Fuddruckers.

Thursday, August 7, 6:30pm – Brown Mountain, Altadena. Meet at Arroyo/JPL lot at Windsor/Ventura.

Saturday, August 9, 8:30am – Beginner Ride. Meet at Pasadena Cyclery. Ride Leader – Scott Dayman.

Sunday, August 10, 8:00am – The Acorn/Blue Ridge Trail Loop, ANF, Wrightwood. Meet at Pasadena Cyclery. Ride Leader – Martin Gomez.

Monday, August 11-17 – Mammoth Mountain Getaway. Spend a week in some fancy condo with some of us and do some BBQ'ing and fishing. Contact Martin Gomez for info.

Thursday, August 14, 6:30pm – Brown Mountain, Altadena. Meet at Arroyo/JPL lot at Windsor/Ventura.

Saturday, August 16, 6:30pm – Brown Mountain, Altadena. Meet at Arroyo/JPL lot at Windsor/Ventura. Ride Leader – Tony Quiroz.

Thursday, August 21, 6:30pm – Brown Mountain, Altadena. Meet at Arroyo/JPL lot at Windsor/Ventura.

Saturday, August 23, 8:30am – Beginner Ride. Meet at Pasadena Cyclery. Ride Leader – Scott Dayman.

Saturday, August 24, 8:00am – Turnbull Canyon, Whittier. Meet at Pasadena Cyclery. Ride Leader – Ray Herrera.

Thursday, August 28, 6:30pm – Brown Mountain, Altadena. Meet at Arroyo/JPL lot at Windsor/Ventura.

Saturday, August 30, 8:00am – Big Bear Day with Ray, John, and MartinV. Meet at Pasadena Cyclery and carpool up to Big Bear for a day of riding up the chairlift and zooming down the trails. Ride Leaders – Ray Herrera, John Khao, and Martin VanDerVeen.

* ANF=Forest Adventure Pass required

Classifieds

Trek 9800 Super fast and incredibly light, climbs like a scalded monkey. 16" Trek 9800 OCLV built with XTR derailleurs, shifters and brakes, RockShox SID race fork, RaceFace cranks, stem and seatpost, SLR seat, Carbon Easton Monkey riser bars, and Mavic CrossMax UST wheelset. \$1450 O.B.O. All you'll need are pedals and you'll be ready to race. Call Martin at 310-940-3093 or email martin@pmbc.org (8/2003)



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SUNGLASSES, brand new in box. I got them replaced when the last pair broke and I'm over the flamejob. Metal coated silver finish with Blue flames and blue reflective, contrast-enhancing, lenses. Sells in stores for \$155. Buy mine which are new for \$100. Call Martin @ (909) 596-6603 or E-mail: Martin@pmbc.org (6/2003)



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WANTED: Ride Schedule Coordinator for the Pasadena Mountain Bike Club. The Coordinator will put together the monthly ride schedule and update the club's ride line for upcoming rides. Please contact scott@pmbc.org if interested. (6/2003)

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2000 GT XCR1500 Small (15" effective center to center) fits riders from 5'2"-5'6". Frame made of Easton ProGram Elite tubing in Santa Ana, California. Built up with Rock Shox Judy SL fork, Fox Float RC rear shock with lockout with 4.75" of travel, Shimano Deore XT/LX components and Syncros bar, stem, and post. Choose Time or Shimano pedals. Never ridden off-road and ridden once on the street. Built it for my wife who hasn't had time to ride since we started having kids. Check it out, it's

incredibly clean. \$1250 OBO. Call Martin at: (909) 596-6603 or E-mail: martin@pmbc.org (1/2003)



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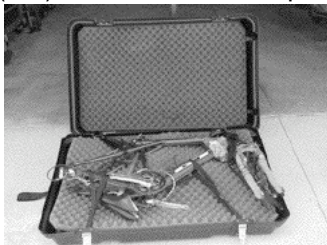
Vistalight VL530 system. This comes with 15W and 10W handlebar mount lights. Two spare bulbs (10W and 15W) and a helmet mount. Two NiMH night stick batteries and charger. Buy the whole set for just \$75. Retail w/o the spare bulbs is about \$160. Call Doug Sullivan 626-683-8327 or doug@pmbc.org (9/2002)

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Time pedals with two sets of cleats. These are the light green plastic ones, not the heavy aluminum ones. Buy them for \$45 so Martin G. is not the only one using Times. Call Doug Sullivan 626-683-8327 or doug@pmbc.org (9/2002)

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For Rent: Serfas Bike Cases – \$20 per use. I have two of these cases available for rent. Each case will hold one bike, includes a copy of breakdown & shipping instructions. Two sheets of egg-carton foam in each case protects your pride & joy from overzealous shipping gorillas. You pick 'em up at my place in Costa Mesa, and bring 'em back after you're done using them. Call Mark at 714-343-8799 (cell) or e-mail at mark@pmbc.org (12/2001)



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18" steel hardtail mtb frame – \$199 or best offer. Call Doug Sullivan 626-683-8327 or doug@pmbc.org (9/2002)

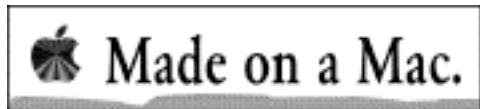
Club Information

Mailing Address	PMBC 1670 East Walnut Street Pasadena, CA 91106
President	Martin Gomez (909) 596-6603 martin@pmbc.org
Treasurer	Forrest Hayashi (562) 621-2158 forrest@pmbc.org
Beginners' Ride Coordinators and News/Web Editors	Scott & Katrina Dayman scott@pmbc.org
Fitness Expert	Doug Sullivan doug@pmbc.org
PMBC Rideline	(626) 577-RACE
General Membership	membership@pmbc.org
Drive-by E-Mail	mailbag@pmbc.org
Website	http://www.pmbc.org





Our youngest full-rigid retro-grouch



John Khao loves the rocks at Hillyer



Full-suspension-riding pansy

PMBC Membership Application

name _____

address _____

city, state, zip _____

phone _____

e-mail _____

home page url _____

racing class: beginner sport expert semi/pro

new members: \$25

*old members: \$15
(renewals)*

What are your interests?

- Touring
- Beginner Rides
- Racing
- Recreational Rides
- Trail Maintenance
- Thursday Night Rides
- Riding Clinics
- Maintenance Clinics
- Trail Access Issues
- Other _____

mail checks only to: Pasadena Mountain Bike Club 1670 E. Walnut Pasadena, CA 91106



Pasadena Mountain Bike Club
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Pasadena, California 91106

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