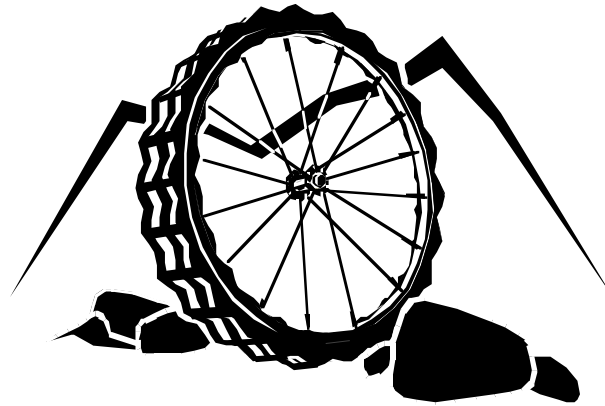




The Champagne of  
Mountain Bike Clubs



# PMBC

## Pasadena Mountain Bike Club

[www.pmbc.org](http://www.pmbc.org)

Affiliated with



**I·M·B·A**

### October 2003 Newsletter

🚲 *Kiss Your Daylight Goodbye* 🚲



We love riding bikes!

### This Month's Top Stories

- Message From The President
- Discovering a New Trail
  
- Some of the usual stuff
- Handy addresses

## MESSAGE FROM THE PRESIDENT

I had planned to talk mostly about my recent trips in this newsletter. Like the one to Whistler BC for Gravity Cup. Then the one to Philippines for my Grandmother's funeral or our week in Mammoth with other PMBC guys. I was also going to mention our (maybe) last day of lift riding in Big Bear last

week but the news I received yesterday stunned me and pretty much made all that stuff seem real unimportant.

I stopped by Pasadena Cyclery yesterday and found out that our old riding buddy, Chuck Strutt had passed away last week.

They had no real details but the news itself was enough to knock the wind out of my sails and leave me kind of numb. Chris Blake at the shop said that he had been that way and was pretty quiet for the last couple of days since he found out.

For those of you who are recent Pasadena Mountain Bike Club members, Chuck was a fixture in the PMBC through most of the 90's and was the original Beginner Ride leader and was even on the racing team for a while. Through his beginner rides, Chuck was responsible for giving many people their first experiences in mountain biking and helped many get into the sport with great first rides – like Scott does now. Chuck was the guy way back in the day (like 1991) who would carry in his rear rack bag some wine and cheese to partake of during the ride. I also remember Chuck holding us up at the top of the climb on many rides so he could put on his knee and elbow pads for the coming descent. Chuck was a Freeride pioneer in his own right. He was also a mechanic at PC for most of that time and we worked together for at least six years. Keith Sandbloom e-mailed me from Tanzania, to remind me that Chuck was always ready to bust out his tools to help anyone fix a mechanical on the trail or in the shop although he couldn't align a stem with the front wheel for a million bucks! In a previous life, Chuck was a published and esteemed drag racing photographer whose photos are in some coffee table books about the sport. Tony the Peck forwarded me a link to a guy's site that listed the best drag racing photographers of all time in his opinion and he mentioned Chuck [<http://www.draglist.com/stories/SOD-Sep-2002/SOD-092602.htm>]. Chuck was also a Porsche mechanic before doing time with us at the bike shop.



One of several photos of Chuck we have at [www.pmbc.org](http://www.pmbc.org) now

Most of the people I've spoken to about Chuck recently hadn't seen him in over a year. I hadn't seen him much since I left the shop to work for GT in '98. You always regret not seeing someone more when you find out that they've passed away. Please raise a glass to Chuck sometime – especially after riding one of his favorites like Sycamore Canyon or maybe down in Julian. He loved the Julian Fat Tire Festival and that Sycamore ride so much that I had already been calling it the Chuck Strutt Memorial Ride for years. Now it really will be. I'll schedule that ride a couple of times in the next few months so some of you can get the chance to come out and appreciate it too. I had

been saying that I've been to too many funerals this year with my Grandma and other friends of the family passing. Ironically, we won't have the opportunity to memorialize Chuck any more than what I'm doing right now or on those future rides, since no services were planned.

Time to return lighter news. It seems like ages ago but it was really just a couple of months ago now when I went to Whistler for sales meetings and to attend the Gravity Cup Event. The short of it is that Whistler pretty much rules! The stuff you see on the videos does not do it justice. The trails are mostly fast, really bermy, and have more jumps than most people could handle. There are also technical, North Shore-type, trails. The lift lines were short, the sun goes down at ten in the Summer so the lifts stay open 'til 9, and there is also an endless array of more cross country type trails out of the bike park. There are also lots of great restaurants and bars that actually stay open late – unlike the eateries and dive bars at the two California ski resorts we usually hit during the Summer. At Whistler or Blackcomb Village's nightspots and even on the mountain, the talent is also epic so you single people should make plans to go to Whistler. Remember that the US dollar goes about 30% further there too! While up there, we got to check out the '04 Rocky Mountain line, and, along with the other sales guys, I can't wait to sell the stuff because it is totally hot, like Ahhnhold says! I showed the new catalog to the guys at the last meeting. You'll see it at Pasadena Cyclery and your nearest Rocky dealer soon enough.

After BC, I made an unplanned trip to the Philippines when my Grandma died. The family took it well since she was 92 and in good health so there was no prolonged illness or suffering involved – just a nice peaceful way to go. I also got to see lots of relatives and sweat like crazy in the tropical heat. I had to take three or more showers a day because I was sweating so much. I didn't even make it to any of their stylish beach resorts because it was just a quick trip and barely had time just to see the family. The eats were good there, too. There was seafood galore and the best fruits on the planet. I gave Scott some pics to share on the site and maybe in this newsletter. Some interesting stuff like of the native mode of transportation and a picture of a roadside urinal. How cool is that? I also visited an island (duh!, the country is all islands) fortress where a major World War II battle raged and they had huge guns (not that kind). Maybe you'll see those pics too. Next time, I'll have the family with me and hopefully can hit some of that beach action and dive some reef too.

Right after getting back in country, I loaded up the family and the trailer full 'o' Rocky Mountain Bicycles and headed to Mammoth for business and to do some riding. I was trying to hook up some rental business with the Mammoth Mountain Bike Park and maybe set up some retail business with one of the shops in town. Fofu, his wife Evelyn, and daughter Emma, joined us up there. So did John Khao and Martin V. We had a killer time with all those guys and Jeep (George Parker) caught up with us for dinner one night We kept missing each other on the riding though. Bob Britton was up there at the same time with his Four Wheeler Club but we didn't hook up. One of the trail builders at the bike park who was a Pro Downhiller, Mark, was cool enough to kick down some passes and was our personal trail guide while we were on the mountain! We rode all the good stuff and even though we were taking the lift up, were still sucking wind after a few runs. The altitude was getting to us too. Even though we were following a guy with

way more skill than us, no one went down or got hurt all week. Either we were going too slow or we were lucky. It definitely wasn't skill. Maybe it was my ninja-fast reflexes? I let Mark ride one of my RM-7 demos and he said it was sick. One of the guys at the local shop said about the same thing so I hope that means I'll be getting some business there and will have more reasons for road trips to Mammoth.

Most of us didn't do any fishing while we were up there. Only Forrest did and he got skunked. I usually do too. Before the other guys got up there. Fo's family and mine took a road trip to the Bodie Ghost Town. The kids dug it and my son Johnny and Forrest were like dueling trombones with their high altitude gas. DO NOT pull their fingers! We had not done our yearly pilgrimage to Mammoth since '97 but this one reminded us of why it was a yearly thing because we all had a blast and we even had one of Forrest's epic BBQ sessions too! Do not miss it next year because you will miss out on epic riding and some serious barbecue!

Our riding luck or skill did not seem to hold up at Big Bear last weekend because the crashes came often. Some of Forrest's spinning buddies were up there and by the time John, Ray, Martin V. and I got up there (we stopped at Denny's in Redlands for Breakfast), Dawn (who cusses like a sailor) had already crashed twice and had enough of downhill runs for the day. Ray biffed it on our first run down Westridge and Fo's buddies Matt and Lars crashed later. Right after our stylish lunch at Ingrid's German Deli on Moonridge – where he ate a whole sandwich (which are huge), soup and macaroni salad-Forrest played lawn dart with his head and totaled his old school, Troy Lee, full-face helmet and it's custom, neon, I'm-so-1989, paint job. That helmet should've been in the Mountain Bike Hall of Fame. Dude was hurting and sat on a bench for a while with a jacked up look on his face. Someone said that he ate so much that it affected his center of gravity and that's why he went down. Even with all the crashing the guys still had a great time-especially John Khao who just bought one of my RM-7 demos and was digging the big travel and the 3-inch front tire the bike had on it. I wouldn't be surprised if we try to sneak in one more trip to Big Bear before they shift to Winter mode so check the schedule and maybe even the website for a last minute addition. Bring your full-face helmet and body armor for sure!



That's enough about my Summer Vacation. Now it's time again to remind you about club meetings on the first Wednesday of the month. Also, remember to renew your stinking PMBC memberships if their due and watch for trail work news from me via e-mail or on the club website. We talked at the last meeting about another Halloween Party on Friday, October 31st or a Day of the Dead Party on Saturday November 1st. Place is

still up in the air but we should get that done soon if it's going to happen. Also, we should be doing an event with the Patagonia store in Old Town on the week before Halloween and a ride with them that same weekend so look out for that too.

CORBA is having a Birthday Bash at Malibu Creek State Park on October 4th. That means Poker Ride and schwag, so support that worthy cause. They originally were a land access and trail work organization from the Santa Monica Mountains and are now starting to do some work here in the Angeles. You can join them for some work too if the Mount Wilson Bicycling Association trail work days aren't enough for you or if you cannot join them because of scheduling or you're not in the loop and can't find out about their stuff quickly enough. Hans Kiefer of the OTB club is now active with CORBA and is spearheading their move to work in the local mountains. He's a good guy and should have our local concerns on his mind and will keep our trails in good shape but his jokes can't be nearly as bad as the ones you'd hear from the MWBA. There's also that cheap beer thing too.



The new Gomez family car

That's all for now. Remember our man Chuck when you're railing a nice stretch of singletrack.

Like always, happy trails,

*Martin*



Well...he certainly showed us!

## A New Way Home

by Ray Herrera

It just so happens that when you don't show up for the monthly meeting, your name gets volunteered into the ride schedule. That's what happened to me. I was honored with being ride leader for Turnbull Canyon. Hey, that would have been fine with me except that I've never done Turnbull before. Sure I know where it's at, and yes, I heard others talk about it. I just never gave it any thought. I mean it's no El Prieto or Sunset ridge, right? Well, as luck would have it, our fearless leader Martin G. showed up for the ride. He gave me the grand tour of Turnbull, and let me tell you, there are plenty of options when riding up there. We did the basic up the fire road to the water tower, then down a really rutted single track on the backside, which brought us back around to the bottom of the fire road. The climb is shorter and not as steep as Brown with at least five options on where you want to ride once you get to the top. This doesn't include several more ways you can ride if you cross over Turnbull Canyon. Rd. and go up the other fire road.

I ride to work mostly every other day which is about 13 miles from my house to Santa Fe Springs. Now I just add the Turnbull loop to my ride home. A nice climb from Santa Fe Springs up into Whittier and then Turnbull Canyon. Not too harsh after a long day at work. After climbing the fire road to the top I head south along the ridge for a quarter mile, then I drop into a sweet single track armed with jumps, berms, and switchbacks. The ride ends only half a mile down from where you enter on Turnbull Canyon. After I finish my run, I head home with that extra credit smile on my face.

So, the next time you hear Turnbull on the Ride Line, don't wave it off as some short lame ride. Give it a try. I think you'll find your self impressed with all of the different variations from which to choose. I look forward to the coming fall season when the temperature drops a good twelve degrees and the only difference between once or twice around is a wind breaker.



Mild Vancouver Riding

# Rides and Events

*Helmets required on ALL rides!  
Call the RideLine at (626) 577-RACE for info*

**Wednesday, October 1** – Club Meeting at Fuddrucker's in Hastings Ranch at 7:30 PM.

**Saturday, October 4** – Chilao/Mt. Hillyer Loop, ANF. Meet at Pasadena Cyclery at 8 AM. Ride Leader – Bob Britton.

**Saturday, October 11** – Beginner Ride. Meet at Pasadena Cyclery at 8:30 AM. Ride Leader – Scott Dayman.

**Sunday, October 19** – Clamshell Peak, Monrovia. Meet at Pasadena Cyclery at 8 AM. Ride Leader – Doug Sullivan.

**Thursday, October 23** – In store event with Patagonia in Old Town Pasadena. Details TBA. Check the PMBC website or Rideline week of event for latest news.

**Saturday, October 25** – Beginner Ride. Meet at Pasadena Cyclery at 8:30 AM. Ride Leader – Scott Dayman.

**Sunday, October 26** – Patagonia Ride. Place and time TBA. Check the PMBC website or Rideline week of event for latest news.

\* ANF=Forest Adventure Pass required



# Classifieds

**SUNGLASSES**, brand new in box. I got them replaced when the last pair broke and I'm over the flamejob. Metal coated silver finish with Blue flames and blue reflective, contrast-enhancing, lenses. Sells in stores for \$155. Buy mine which are new for \$100. Call Martin @ (909) 596-6603 or E-mail: [Martin@pmbc.org](mailto:Martin@pmbc.org) (6/2003)



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**WANTED:** Ride Schedule Coordinator for the Pasadena Mountain Bike Club. The Coordinator will put together the monthly ride schedule and update the club's ride line for upcoming rides. Please contact [scott@pmbc.org](mailto:scott@pmbc.org) if interested. (6/2003)

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**2000 GT XCR1500** Small (15" effective center to center) fits riders from 5'2"-5'6". Frame made of Easton ProGram Elite tubing in Santa Ana, California. Built up with Rock Shox Judy SL fork, Fox Float RC rear shock with lockout with 4.75" of travel, Shimano Deore XT/LX components and Syncros bar, stem, and post. Choose Time or Shimano pedals. Never ridden off-road and ridden once on the street. Built it for my wife who hasn't had time to ride since we started having kids. Check it out, it's incredibly clean. \$1250 OBO. Call Martin at: (909) 596-6603 or E-mail: [martin@pmbc.org](mailto:martin@pmbc.org) (1/2003)



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**Vistalight VL530 system.** This comes with 15W and 10W handlebar mount lights. Two spare bulbs (10W and 15W) and a helmet mount. Two NiMH night stick batteries and charger. Buy the whole set for just \$75. Retail w/o the spare bulbs is about \$160. Call Doug Sullivan 626-683-8327 or [doug@pmbc.org](mailto:doug@pmbc.org) (9/2002)

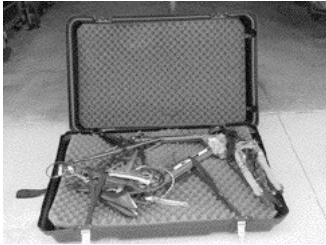
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**Time pedals** with two sets of cleats. These are the light green plastic ones, not the heavy aluminum ones. Buy them for \$45 so Martin G. is not the only one using

Times. Call Doug Sullivan 626-683-8327 or [doug@pmbc.org](mailto:doug@pmbc.org) (9/2002)

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**For Rent: Serfas Bike Cases** – \$20 per use. I have two of these cases available for rent. Each case will hold one bike, includes a copy of breakdown & shipping instructions. Two sheets of egg-carton foam in each case protects your pride & joy from overzealous shipping gorillas. You pick 'em up at my place in Costa Mesa, and bring 'em back after you're done using them. Call Mark at 714-343-8799 (cell) or e-mail at [mark@pmbc.org](mailto:mark@pmbc.org) (12/2001)



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**18" steel hardtail mtb frame** – \$199 or best offer. Call Doug Sullivan 626-683-8327 or [doug@pmbc.org](mailto:doug@pmbc.org) (9/2002)



Crazy Drops in Vancouver



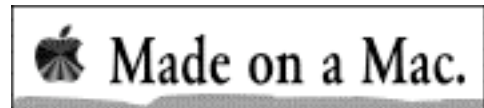
We need these on the trails

# Club Information

Mailing Address	PMBC 1670 East Walnut Street Pasadena, CA 91106
President	Martin Gomez (909) 596-6603 martin@pmbc.org
Treasurer	Forrest Hayashi (562) 621-2158 forrest@pmbc.org
Beginners' Ride Coordinators and News/Web Editors	Scott & Katrina Dayman scott@pmbc.org
Fitness Expert	Doug Sullivan doug@pmbc.org
PMBC Rideline	(626) 577-RACE
General Membership	membership@pmbc.org
Drive-by E-Mail	mailbag@pmbc.org
Website	http://www.pmbc.org



Chuck riding the Arroyo in '92



## PMBC Membership Application



**I WANT YOU  
FOR PMBC**

name \_\_\_\_\_

address \_\_\_\_\_

city, state, zip \_\_\_\_\_

phone \_\_\_\_\_

e-mail \_\_\_\_\_

home page url \_\_\_\_\_

racing class:  beginner  sport  expert  semi/pro

*new members: \$25*

*old members: \$15  
(renewals)*

What are your interests?

- Touring
- Beginner Rides
- Racing
- Recreational Rides
- Trail Maintenance
- Thursday Night Rides
- Riding Clinics
- Maintenance Clinics
- Trail Access Issues
- Other \_\_\_\_\_

\_\_\_\_\_

mail checks only to: Pasadena Mountain Bike Club 1670 E. Walnut Pasadena, CA 91106

Pasadena Mountain Bike Club  
1670 East Walnut Street  
Pasadena, California 91106

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