



The Champagne of
Mountain Bike
Clubs



Affiliated with



Pasadena Mountain Bike Club

June 2000 Newsletter

Who's your daddy?



Hanging On For Dear Life

Are you ready for this?

- Message From The President
- Ride like a Fo'
- Bike Show

- Some of the usual stuff
- Handy addresses

MESSAGE FROM THE PRESIDENT

Hey Party People! Yeah, it's me again. Still looking out the window at work, on another nice day, wishing I was out riding instead of driving this desk. I hope that you're riding as much as you can, instead of just whining about it like me. This weekend will be the NORBA National Championship Series races at Snow Summit in Big Bear. I'll probably go out there on Sunday and watch those of you who actually are racing, do some damage. Then I'll really feel like a slug and once again vow to get back into shape. The broken record skips on.



I've been listening to some of the guys talk about doing the Rose Bowl pack rides and the Montrose ride on the weekends, so some of you are real serious about going fast. If you are interested in racing for the Pasadena Mountain Bike Club, I'll ask you again to get your 1999 race results (if you have any) to me. Don't forget to pay your PMBC membership dues too, then I can forward the stuff to Colette our team manager, and you guys can maybe get some special deals and racing rewards when you do well! Call me, e-mail me or bring the stuff to the next meeting – although I'd rather you didn't wait another month. Good luck this season. I'm sure you guys will shred!

You can help shred some of that heinous poison oak on our favorite local trails, by joining the Mount Wilson Bicycling Association for one of their trail work days – usually on the last Saturday of the month. Call them at (626)795-3836 for the skinny on the next trail work adventure. Maybe someday, I'll see you there. Of course, after next month, I don't know if I'll ever get out of the house again – with another kid due – but I'm still feeling guilty about how long it's been since I've gone. I remember the years when missing trail work was the exception and not the rule. If you show up though, you will rule.

The people who lead our weekend rides also rule. Unfortunately, Martin VanDerVeen is moving to Jersey, Piero actually goes to school on Thursday nights and The Peck had knee surgery, cutting our ride leader group down. The Peck should be good to go again soon and Scott Dayman has not let us down. I, on the other hand, have had a sick kid and a sick self (probably related) and a really pregnant wife keeping me away from the bikes. Once again, waaaaa! If you'd like to volunteer to lead some rides or you want us to try some super-secret, special ride of yours,

come on down! Your chance will come up at the next club meeting on Wednesday June 7 at Fuddrucker's restaurant in Hastings Ranch at 7:30pm. There'll be good eats and we talk about a couple of things there between bites. Last month we talked about rides and ignored The Peck when he gave us his kiosk update. You too can enjoy that kind of evening and, if you STILL haven't renewed, bring your membership dues!

That's about it for this really late newsletter. It actually got held up by the I love you virus. It made things screwy on my PC at work and no, I was not the guy who downloaded it into the system. I could've rewritten it at home on the Mac but that would have meant thinking about the same things again – and we all know how dangerous and time consuming that could be. Okay, I'll stop talking now. We've still got lots of riding to do, especially the Annual Sea to Reseda Fourth of July Ride and out with Martin VanDerVeen before he splits on June 12 to be with the pasty women of New Jersey, so let's go!

Later and later, **Martin**



Riding with Fofu by Mark Thome

Green Day at Brown Mtn.

Sunday morning, April 23rd saw a group of twelve beginners and never-do-wells rendezvous at LA Fitness in Long Beach to make the drive up to the JPL lot. Fog and mist greeted our group as Fofu led us on the Earth Day weekend loop up Brown Mountain. Several of the LA Fitness spin instructors in the group had the tables turned on them, as those of us who they've made suffer in training got a chance at revenge with real tires on real dirt and rocks. Fofu headed on up with a brutal pace, as the

group strung out (no, not the group Strung Out) during the 3-mile climb up to the saddle. Some took a breather, while eight headed on up to the top at the Ken Burton trailhead sign.



Picture Time! El Prieto trail

Retracing our tracks, the whole group regrouped at the saddle, and continued on back down by taking the schweet El Prieto single track. Dawn crashed, but her previously-formed skin jerky prevented the further loss of further epidermal layers. Michelle cross-rutted just before heading down El Prieto, resulting in a spectacular twisting endo; she got up, banged her bike back into shape & continued. Fofu was attempting the Hans Rey imitation across one of the El Prieto creek crossings, only to bang his head like a 14-year-old in the front row at a Quiet Riot concert. Despite adding a newly-fashionable rakish angle to his helmet visor, Fofu continued on, allowing those following to locate him ahead by the loud donkey noises he made on the way back to the lot. Since it was Earth Day, many more hikers were out, as evidenced by the friendly greetings they issued as our group courteously allowed them by on the trail. As cool as the ride was, it was properly punctuated by lunch at Roscoe's Chicken & Waffle House in Pasadena.



April Fools Ride

The PMBC ventured down to OC's El Moro Canyon north of Laguna Beach on Saturday, April 1st. Fofu led the group, some of whom had never turned a wheel in the dirt. The park's fire road sections had been graded recently, revealing a whole lotta rocks and loose debris.



Enjoying the view at El Moro Canyon in Laguna Beach

The very first hill out of the lot up No Dogs produced profanity from one of the girls not heard since Andrew Dice Clay hit his f***ing thumb with a hammer. As the hills progressed over the Two Bitches, less bitchin' was happening, and everyone was having a bitchin' time. We wound up completing the entire outer loop of El Moro, including the climb up out of Deer Canyon, the fenceline and Cactus single-track sections, and the blazing run down I Think I Can. Towards the bottom of the latter section, Fo encountered a PO'd wasp which entered his jersey & proceeded to sting him like a taped telephone conversation with Linda Tripp. As Dawn came by Fo to yell "Whazzzuuuuup?!", she forgot to focus on the soft dirt that was about to send her over the bars like an enthusiastic Little Leaguer sliding headfirst into home plate. Both recovered to return to the parking lot via the 909 trail (next to the trailer park).



Taking a break after the first climb at El Moro Canyon

Unfortunately, one of the girls lost her car keys out on the trail, and Matt Phillips of Mountain Bike Magazine was nice enough to help retrace the last sections backward, climbing all the way back up to the top of I Think I Can - and actually FOUND the keys. Fortunately, no small animals were harmed in the making of this ride, and everyone agreed that El Moro will be a regular stop for this summer's weekend rides.

SoCal Bike Expo

by Scott Dayman



It's that time of the year again. For us unprivileged peons who can't make it to Interbike in Vegas, we get the Southern California Bicycle Expo, held every Spring at the Los Angeles Convention Center.

I got there on Sunday for the 10am opening. After waiting in line just to get in, it felt I had the whole show to myself...for a few minutes, at least. So I tried to do a quick lap around the floor to get a feel for the layout, and get close-up looks at the fun stuff before the crowds hit. I headed towards the back to get a look at the test track, and all the bikes available for test rides. I even got a few pictures at this time, and many more pictures throughout the rest of the show. I've put them up at the PMBC website, so you can find them at www.pmbc.org/events/expo2000

On my second lap around the floor, I saw a patiently waiting Alan Purnell of Pasadena Cyclery, and they had a booth this year! Turns out that their Trek/Klien rep wanted a presence at the show, so that's how Alan and the gang got to spend the weekend at the Convention Center.



Alan Purnell and Pasadena Cyclery

I took a quick look at all the new-for-this-year bikes and accessories, and there wasn't much shocking. Just the usual improvements that happen every year, but I did spy a Cannondale Jeckyll, which I hadn't seen before.

The real excitement of the show for me are the BMX and Trials demos that the big bike companies put on. This year, Schwinn hosted both the Freestyle BMX and Trials shows. After being impressed by the BMX riders, I headed over to the Trials course to see what was happening. Various riders were tooling around, having a good time. And then who should I see across the way? Our own Forrest Hayashi. Everywhere I turn, it's Forrest.

Brown Mountain, Fuddruckers, and now the Bike Expo.



Hey! It's Fofu!

Last year, I went to the show the Friday it opened, so everything was fresh and new. This year, I went the last day, so I think the people there had a bit less energy, and the booths selling products had a little bit less inventory. Heck, by Sunday, even GT wasn't there at all! Ok, they weren't there at all for the show. Which is pretty sad because I like to stop by and make fun of El Presidente (Martin). I hope GT can make it to the show next year because they were sorely under-represented this year.

I'll definitely go again next year, but hopefully on the first day when it's a bit less crowded and everything's in prime condition. If you missed it this year, and have never been to the show, go next year and check out the poorman's Interbike.



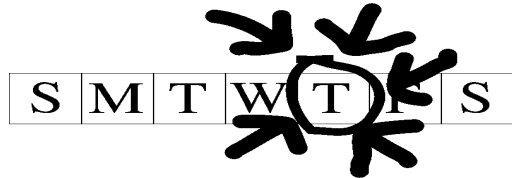
See? Girls ride too!

PMBC RideLine

(626) 577-RACE

Sponsored by Pasadena Cyclery!

Thursday Night Rides



*All rides start at 6:30. Be there or be alone.
Bring a helmet and maybe even a light*

May 25 – La Tuna Canyon

June 1 – Josephine Peak

June 8 – Switzer/Red Box Loop

June 15 – Henninger Flats

June 22 – Brown Mountain/Ken Burton Trail

June 29 – Hoyt Canyon



The Taco Truck Tour Gang minus Fofo, he's taking the picture

Rides and Events



*Helmets required on ALL rides!
Call the RideLine at (626) 577-RACE for info*

Sunday May 21 – Chilao/(Eddie)Vetter Mountain/Mt. Hillyer Loop, ANF. Possible campout weekend. TBD at the May 3rd meeting. Ride Leader-Scott Dayman.

Saturday May 27 – Beginner Ride. Ride Leader-Scott Dayman

Sunday May 28 – Hoyt Canyon, ANF. Ride Leader-Martin VanDerVeen.

Saturday June 3 – El Moro Canyon, Laguna Beach. Ride leader-Forrest Hayashi

Wednesday June 7 – Club meeting at Fuddruckers in Hastings Ranch, Pasadena at 7:30pm.

Saturday June 10 – Beginner Ride. Meet at Pasadena Cyclery at 8:30 am. Ride leader-Scott Dayman

Sunday June 11 – Fullerton Loop, Fullerton. Ride leader-John Khao

Sunday June 18 – Mt. Waterman, ANF. Ride leader-Martin Gomez

Saturday June 24 – Beginner Ride. Meet at Pasadena Cyclery at 8:30 am. Ride leader-Scott Dayman

Sunday June 25 – The Chuck Strutt Memorial Ride (Sycamore Canyon), Malibu. Ride leader-Tony Quiroz.





Look ma! No feet!

Classifieds

Kid's Dyno BMX Bike - 16" Wheels, polished frame, like new with nipples still on the tires (mmm, nipples), only used on Sundays and after school by a really nice 6-year old. You can spend \$120 on a new one in the store, or help a white boy out by purchasing this one for just \$80. Call Mark at (home) 949-650-1538, or e-mail at mthome@ix.netcom.com

1999 Trek 5000 OCLV frameset - 56cm carbon frame with big-blade carbon fork and headset included. Gorgeous bright red paint over metal flake base coat. This just like the frame that Lance won the Tour with! At 2.44lbs. in this size, it's the lightest production frame made. Frame is brand new. The parts were just sold off. Frame sells for \$1200. Buy mine for \$900 OBO. Call Martin@909-596-6603 or e-mail at mgomez66@aol.com. (4/2000)

18" steel hardtail mtb frame - \$199 obo call doug sullivan 626 683-8327 or e-mail @hardtailmtnbiker@yahoo.com or MtWilsonmtnbiker@cs.com

GT Zaskar LE 16" (center to center) - Race proven (by the GT pros) Super-light Easton Elite Program aluminum frame with CNC'd dropouts and other parts. Frost Blue anodized color. Deore XT 8-speed STi, front top-swing derailleur, V-brakes, four-arm crankset, hubs, components and XTR rear derailleur. 1999 Manitou SX Ti fork with TPC system, Kore stem, Thomson seatpost and WTB SST 98 Ti railed, nad friendly, saddle. Bike weighs less than 23 lbs and has been ridden less than 50 miles. New sold for \$2200. Buy mine in new condition for \$1350 OBO. Call Martin @909-596-6603 or e-mail mgomez66@aol.com.



Bontrager Ti Lite - Large size (about 18 inch). Custom High Polished, Sandvik Titanium frame with all Shimano XTR 8-speed components w/bombproof Hugi hubs, '99 Manitou SX fork with Ti springs and TPC system. Syncros stem, Ringle seatpost and WTB SST 98 Ti railed saddle with nad-friendly center relief. The ultimate NorCal hardtail in the ultimate material. Super low miles and you won't find another one with a polished finish! Weighs about 22 lbs and there's nothing sweeter in the single track!!! New would cost you about \$3500 with these parts. Buy mine for \$2500 OBO. Call Martin @909-596-6603 or e-mail at mgomez66@aol.com.

Spinergy Spox Road Wheelset - Super light tubular wheelset for sale. Ridden less than fifty miles with Vittoria Corsa CX (\$50 each) tires mounted on the wheels. Shimano freehub body will take 8 or 9spd. Get these carbon wheels for your road ride they are very schweeet. Retail for \$800 without tires asking for \$500.00 o.b.o. Call Tony at 626-799-6840 or email tony_quiroz@hotmail.com

530 Vista Light - Turning the clocks back an hour is right around the corner. So if you don't want to hold a flashlight in your teeth on those after work rides, buy my light. Salient facts: two bulbs (10watt and 15watt), burn time is two hours + with only the 10 watt on and 1 hour with both on, soft battery pack (hangs from top tube), and also comes with helmet mount attachment. Will sell to first reasonable offer. Call (626) 683-8327.



Club Information

Mailing Address	PMBC 1670 East Walnut Street Pasadena, CA 91106
President	Martin Gomez (909) 596-6603 mgomez66@aol.com
Treasurer	Forrest Hayashi (562) 621-0574 fofo@ix.netcom.com
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Thursday Night Ride Coordinator	Piero Longhi (626) 296-3143
Racing Team Manager and Advertising Coordinator	Colette Hallman (626) 794-1245
Webmaster	Jonathan Tramell (818) 635-3559 jonathan@tramell.com
PMBC Rideline	(626) 577-RACE
General Membership	membership@pmbc.org
Drive-by E-Mail	mailbag@pmbc.org
Website	http://www.pmbc.org



BMXin' at Bike Expo



PMBC Membership Application

What are your interests?

- touring
- beginners' rides
- racing
- recreational rides
- trail maintenance
- thursday night rides
- riding clinics
- maintenance clinics
- trail access issues
- other _____

name _____
 address _____
 city, state, zip _____
 phone _____
 e-mail _____
 home page url _____
 racing class: beginner sport expert semi/pro
 new members: \$25 (jan-mar), \$18.75 (apr-jun)
 \$12.50 (jul-sep), \$6.25 (oct-dec)
 old members: \$15 (jan-mar), \$12.50 (apr-jun)
 (renewals) \$6.25 (jul-sep), stacker!(oct-dec)

mail checks only to: PMBC Membership 1670 E. Walnut Pasadena, CA 91106

Pasadena Mountain Bike Club
1670 East Walnut Street
Pasadena, California 91106

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