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Pasadena Mountain Bike Club

April 2001 Newsletter

☾ *It's TNR Time!* ☽



Sedona, AZ (petefagerlin.com)

This Month's Top Stories

- Message From The President
- More trail safety ideas
- Pictures from the Trail

- Some of the usual stuff
- Handy addresses

MESSAGE FROM THE PRESIDENT

Hey everybody, it's spring again! I'm excited and you should be too because Daylight Saving time is just a couple of weeks away, as I write this. That means that our World Famous Thursday Night Rides will be starting the week after. On April Fool's, the actual first day of Daylight Saving time, we will return to Downtown LA for another of our fabulous taco rides

with our own April Fool, Tony The Peck! It's been way too long and many of us have been Jonesing for some roadside taco action. Don't miss it because the bigger the group, the more fun it is – plus there's more chances that someone will hurl from scarfing Mexican food and sprinting through town! Some of the weekend rides have had some big groups and some

gnarly action too. A few weeks ago we did the old favorite, Hoyt Canyon excursion. Alex Boone, who's been in the club since he was in Kindergarten or something, decided to do an impression of The Fall-Guy Mark, who once had to be airlifted out of Hoyt after falling off a cliff. Luckily for us – and especially Alex – he just got scraped up. I'm also glad he didn't bleed all over the upholstery in my truck. So you think that you're Hardcore do you? You should've been with us on Forrest's El Moro grind last weekend. First, Fo decided to brutalize us all by taking us up all the steepest grinds in the park, most of which we usually go down. Then on one of the rutted singletrack sections, new member Michelle, who is part of Forrest's Spinning crowd (and has been bitten by the racing bug) took an ugly face plant into a cactus. OUCH! is a serious understatement. It took a while to get them all out. The funny part is that Dawn, who is another new member from Fo's Spinning crowd, decided to sit on a cactus during their last El Moro ride the week before. She said it was quite a sight, with Michelle pulling needles out of her posterior. She got to return the favor although it wasn't all that funny this time. Check out the pictures of Michelle's needle removal. Took it better than I would have. Now *she* is hardcore. We've got plenty of epic rides to come this year, so pay your stinking dues or renewals and join us. For the most part, no one's died on a PMBC ride and what doesn't kill you will make you stronger!



**SIGNS INC.
& CRANE SERVICE**

It won't kill you guys to make it out to trail work once in a while too. It'll definitely make you better in the eyes of the rest of the trail users who, for the most part, think that us mountain bikers are a bunch of yahoos whose only care about the trails is that nobody get in the way of our downhill training. You can also trick out parts of your favorite local trails and boast to your friends about that styley berm you threw in.

Call the Mount Wilson Bicycling Association at (626) 795-3836 to sign up.

You can renew your membership, join for the first time and give me your \$20 deposits for the next round of PMBC jerseys, at the next club meeting on the first Wednesday of the month at Fuddrucker's Restaurant

In the Hastings Ranch Shopping Center at 7:30 pm. You can also chime in on the next month's ride schedule, sell bike parts to each other and sometimes pick up schwag that I raffle off – when it comes our way. Never forget that schwag is good. The food over there is too. It better be 'cause it ain't exactly cheap.

That's about all for my monthly rant, except that I wanted to say "Adios" to our friendly neighborhood Canadians here at GT; Peter Hamilton and Leana Trogi of Syncros. They are, unfortunately, no longer with the company. I'll miss them – and you all should – because they're part of the endangered species of mountain bike crazies who started these cool little companies that made great stuff and didn't really do it to get filthy rich. They just did it because they dug it. The current state of the industry has just made it too tough for them to stay in business, and now just stay in the business. Just remember Fat City Cycles, Salsa Cycles, Mantis (and its former head guy, Richard Cunningham at Mountain Bike Action) and many others whose founders are now out of it. At least I know that Peter and Leana have gone to a better place. They're not dead, they're just headed back to the Great White North to chill out and go back to a simpler life. They sure weren't gonna find it in OC. There's my shout out.

Happy Trails,

Martin



Martin...hard at work as always

Dressing for Failure

by Scott Dayman

Another year, another helmet. You just gotta love Bell's Crash Replacement policy.

To celebrate the arrival of Spring, the fine visitors to MTBReview.com flocked to Arizona for some great desert riding. Our first day was spent in the South Mountain area.



One of the rocky climbs

The weather there is perfect this time of year. It was a nice day to go out for a casual ride and warm up for another couple of days of riding. After a bit of riding, we came upon a photo-op jump, so we all lined up and took our turns catching some air off a small rock ledge. Wanting to look good for the picture, I picked up a fair amount of speed and launched perfectly off the rocks, landed, then proceeded to drift off of the trail and exit my bike, over the bars.



So far...so good

As usual, I belly flopped, cracking my helmet in the process. After climbing out of the brush and doing a quick inspection, I was in pretty good shape. Just some scratches and aches here and there. Helmets are wonderful things, and my Bell did its job to perfection. I'm looking forward to getting another "Saved by the Bell" certificate.

Another piece of equipment that came out with fantastic results were my Native Wear glasses. They looked to be pretty scraped up by the brush, but after giving them a good washing, it all came clean. Not a scratch! They're keepers.

The next day found us in Sedona. I was still aching, so I took the scenic ride around to Sub Rock and Chicken Point.

The trails in Sedona are fantastic! And, even better, all the rocks are smooth! There's much great singletrack to be had, and quite a bit of slickrock, too.



Riding off the back of Sub Rock

The next day of riding was back in Phoenix, but I was still pretty sore, so Katrina did the Hawes ride with the rest of the group while I played tourist around town.

We'll be heading out there again, and I'll be all ready for another long weekend of great Arizona riding. And I'll have my camera again to catch more shots. The pictures I took this year are at:
<http://www.dayman.net/mtbr/sf2>



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Thousands of words worth of pictures

by PMBC

We do lots of rides. Sometimes we bring a camera so we have proof:

Brown Mountain/El Prieto Loop



Da big group at the Saddle



Did someone say "bring your cross bike?"

El Moro Cactus ride



That's not a mustache on Michelle



Lemmings on bikes

More pictures will be uploaded to the website soon!

Rides and Events

*Helmets required on ALL rides!
Call the RideLine at (626) 577-RACE for info*

Sunday April 1 – Start of Daylight Saving Time. Spring forward 1 hour at 2am.

Sunday April 1 – April Fool's Taco Ride w/Tony "The Peck" (our April Fool).

Wednesday April 4 – Club meeting @ Fuddruckers in Hastings Ranch, 7:30pm.

Thursday April 5 – Thursday Night Ride Opener and BBQ. Henniger Flats, Altadena. 6:30pm at trailhead.

Saturday April 7 – Chesebro Canyon, Agoura Hills. Ride leader – Scott Dayman. 9:30am at upper parking lot.

Thursday April 12 – Brown Mountain/El Prieto Trail Loop. 6:30pm at Arroyo/Windsor parking lot.

Saturday April 14 – Beginner Ride. Meet @Pasadena Cyclery at 8:30am. Ride leader – Scott Dayman.

Sunday April 15 – Easter Sunday. Check the rideline for a possible heathen ride TBA.

Thursday April 19 – La Tuna Canyon. 6:30pm at parking lot.

Saturday April 21 – Rosarito to Ensenada 50 Mile Fun Ride, Baja California, Mexico. Ride leader – Ray Herrera. E-mail us at mailbag@pmbc.org if you're interested in goin' down to Mexico for a fun, non-competitive, party-like event.

Sunday April 22 – Marshall Canyon, La Verne/Claremont. Ride leader – John Khao.

Thursday April 26 – Millard to Brown Mountain. 6:30 at Millard Campground parking lot. ANF Pass required.

Saturday April 28 – Beginner Ride. Meet @Pasadena Cyclery at 8:30am. Ride leader – Scott Dayman.

Saturday April 28 – Trail Work Day with the Mount Wilson Bicycling Association. Call (626) 795-3836 or www.mwba.org for meeting place and info.

Sunday April 29 – Chantry Flats/Winter Creek Loop, Arcadia. Ride leader – Ray Herrera.

Saturday/Sunday April 28-29 – Sagebrush Safari Mountain Bike Race, Lake Morena (San Diego backcountry), CA. XC and DH.



NOT Fofu. This is Mark Thome. Oops!
(sorry Mark)

PMBC RideLine

(626) 577-RACE

Sponsored by Pasadena Cyclery!

Classifieds

GT Zaskar LE 16" – (center to center) GT's top of the line hardtail frame. Super light Easton Elite Program aluminum frame with CNC'd dropouts. Frost Blue anodized color. Shimano XT derailleur, XTR brake levers, XT shifters, XT V-brakes, LX cranks, Manitou SX fork, Kore stem, Azonic bar, and Mythos kevlar tires. (no peddles) Light race bike. Ridden twice, Excellent Condition! New sold for over \$2000. I will sell mine for \$775. (562) 621-2158 or e-mail at fofo@ix.netcom.com.

1997 Blue Stumpjumper M2 – M2 X butted Metal Matrix Ceramic Composite Chassis (20% stiffer, 8% stronger). Manitou Pro Fork with coil/MCU-sprung suspension with Specialized Stout front hub. Shimano Deore XT/Deore LX Derailleurs and LX SL Rapidfire shifters. New forged Son of StrongArm crank. Avid "Single Digit" cold-forged linear pull brakes with Speed Dial brake levers. Specialized Team Control/Team Master Kevlar bead tires, Mavic 238 rims and Ritchey spokes. Made in U.S.A. Upgrades include Kore Stem & Shimano DH Pedal (or Ritchey Logic Clipless). 20.5" Frame. Like New. \$650 OBO. Call John at 310-407-7040.

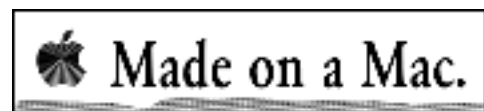


Kid's Dyno BMX Bike - 16" Wheels, polished frame, like new with nipples still on the tires (mmm, nipples), only used on Sundays and after school by a really nice 6-year old. You can spend \$120 on a new one in the store, or help a white boy out by purchasing this one for just \$80. Call Mark at (home) 949-650-1538, or e-mail at mthome@ix.netcom.com

18" steel hardtail mtb frame – \$199 or best offer. Call Doug Sullivan 626-683-8327 or e-mail hardtailmtnbiker@yahoo.com or MtWilsonmtnbiker@cs.com



See Katrina Climb.



Club Information

Mailing Address	PMBC 1670 East Walnut Street Pasadena, CA 91106
President	Martin Gomez (909) 596-6603 martin@pmbc.org
Treasurer	Forrest Hayashi (562) 621-2158 forrest@pmbc.org
Beginners' Ride Coordinators and News/Web Editors	Scott & Katrina Dayman scott@pmbc.org
Thursday Night Ride Coordinator	Piero Longhi (626) 296-3143
Racing Team Manager and Advertising Coordinator	Colette Hallman (626) 794-1245
Fitness Expert	Doug Sullivan doug@pmbc.org
PMBC Rideline	(626) 577-RACE
General Membership	membership@pmbc.org
Drive-by E-Mail	mailbag@pmbc.org



PMBC Membership Application

What are your interests?

- touring
- beginners' rides
- racing
- recreational rides
- trail maintenance
- thursday night rides
- riding clinics
- maintenance clinics
- trail access issues
- other _____

name _____

address _____

city, state, zip _____

phone _____

e-mail _____

home page url _____

racing class: beginner sport expert semi/pro

**new members: \$25 (jan-mar), \$18.75 (apr-jun)
\$12.50 (jul-sep), \$6.25 (oct-dec)**

**old members: \$15 (jan-mar), \$12.50 (apr-jun)
(renewals) \$6.25 (jul-sep), stacker!(oct-dec)**

mail checks only to: PMBC Membership 1670 E. Walnut Pasadena, CA 91106

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Pasadena, California 91106

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