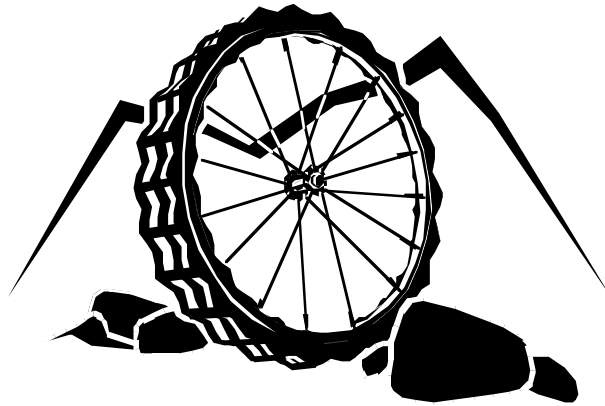




The Champagne of
Mountain Bike Clubs



PMBC

Pasadena Mountain Bike Club

www.pmbc.org

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I·M·B·A

March 2003 Newsletter

🚲 *Only Tuesday? We're Fat all 7 days!* 🚲



"And always pleasantly greet your fellow cyclists."

This Month's Top Stories

- Message From The President
- Mommy, what's a Peck?
- Loads of bike-related (really!) pictures

- Some of the usual stuff
- Handy addresses

MESSAGE FROM THE PRESIDENT

Once again, I'm asking myself how it got to be this late in the year already and how it got to be 2003 in the first place? Not just because I haven't gotten nearly as many rides in as I'd like, but because '03 holds some significance for me. First it reminds me in a few ways that I'm getting old because it means

that my 20 year high school reunion will be next year, yikes! I remember laughing at those old dudes when I was a kid, and turnabout *is* fair play. Another significant thing is that I will have been in charge of this club for ten years. Ouch. Imagine that in all this time, I couldn't find anyone else dumb enough to let

me pawn this job off on them. I'm just kidding. I've had fun doing it and made fun of plenty of people in that time – especially Tony the Peck – and I've met plenty of other mountain biking fools from all over the world, and gotten stuck in the bicycle industry because of it. The people I've met, worked and ridden with and have become friends with make it all worthwhile.



SIGNS INC. & CRANE SERVICE

One of the great, different, mountain biking people I've met was Victor Vincente of America. He used to put on some of the original mountain bike events like Reseda to the Sea and the Puerco Hillclimb. Victor was making his own off road bikes and putting on races before most of the world knew what a mountain bike was. He also used to put on some cool, off-road, tours that the Pasadena Mountain Bike Club used to join like Piru-Cuyama Overland and Gorman to Santa Barbara. I mention Victor because it seems like it's been ten years since I've seen him, and I was told that he wants to do a reunion ride on his old Reseda to the Sea course on March 9th. Go out and join a real mountain bike pioneer on an "Old School" event. Details should be on the website soon.

Unfortunately, being around the sport this long also means losing some of those good people as well. Recently, the staff at Bike Magazine lost one of their own in a car crash. I wanted to pass on the Pasadena Mountain Bike Club's condolences even though I didn't know the guy who died. The husband of one

of the girls I worked with at GT was also seriously hurt, as well as a couple of other guys, in that accident. Please wish them all a quick recovery.

That news reminded me about another anniversary. This May will mark the 10th anniversary of Roger Dahl's death. In case you haven't been around long enough for me to have uncovered this old wound, let me give you the somewhat-short version. After work on a Sunday in May of '93, a group from the shop went up to Willie and came down the Toll Road. On the way down, Roger, who was a mechanic at the shop, went off a cliff and died. Most of the guys went over the side after him while Bradley and I went down the road for help – all of us hustling and risking our own necks to try to save our friend to no avail.

Tony the Peck was just a kid then, on one of his first few rides with us, and ended up performing CPR on Roger until Brad and I brought help well over half an hour later. What an initiation for Tony that was. Maybe that's why we still hang around.

Roger was an Expert racer, but he always rode some old heap and still kicked most people's asses on it, uphill and downhill. On that ride he was finally riding a new bike...



He was a good guy who we had a lot of fun with. We headed down to Harbor College in San Pedro to watch Firehose while drinking Old English 800's and we used to ride. Not really together because he was unholy-fast; like Bicknell and Big Monkey Brian Provost. I'd just watch those guys with real talent take off and dice while pulling away from me on switchbacks way up the mountain. It was cool though because they didn't care if I was unholy-slow. We were pretty much the same speed when we'd go to The Whiskey in West Hollywood to see Firehose or whatever other band might have been

opening for BB Chung King and the Screaming Buddaheads that night. Those guys were always there. Come to think of it, I haven't been to The Whiskey since then. I haven't enjoyed the Toll Road as much either.

We planned plenty of memorial rides over the years that we never did. I'm planning one for a Sunday afternoon in May.

Happy trails...

Martin



Spanish Club President ('83-'84)

PMBC RIDELINE

(626) 577-RACE

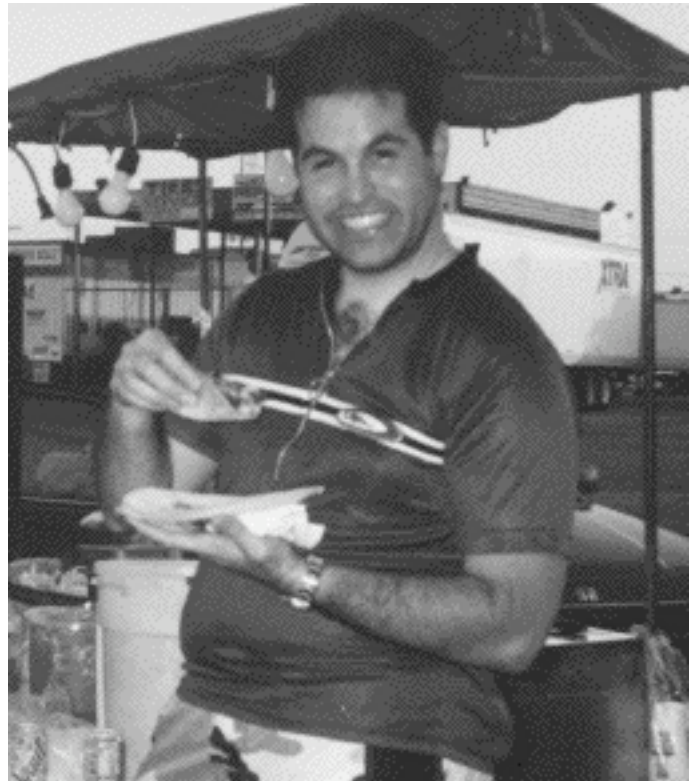
Sponsored by Pasadena Cyclery!



Rider Profile

by Forrest Hayashi

[Forrest continues to ask the hard questions to those not quite fit for answering, but here we go again...]



Researching his "Being Fat Sucks" article.

Name: Tony "The Peck" Quiroz.

Age: 28.

Live: South Pasadena.

Job: BUM.

How long have you been mountain biking? 10 years.

First mountain bike? Trek 9900 - Black, Full XTR.

Current mountain bike? Trek 9.8 (Sweet Smell of Carbon), GT STS (Standard Thermoplastic Sh*t), Trek 990 (Steel, Baby...and Rigid), GT I-Drive Frameset with all the parts, and a Bontrager Cyclocross bike D/A and XTR. (I left out the two Road Bikes).

How often do you ride? Everyday to work.

Your favorite riding spot? Rock Creek, Mammoth.

Do you race? Once upon a time.

What's your best race finish? 3rd at Santa Fe Dam.

What's your best crash? Tie between taking out Martin Gomez on Brown, breaking wheel, helmet, shifter and separating shoulder, and the flat landing

pile on the Hoyt jump that broke my seat, Rolex band and carving a half moon on my scrotum from the stem.

What was the last thing you bought for your bike? Tubes.

What's your favorite beverage? Craftsman Orange Grove and Coca-Cola.

What's one thing that you've learned from mountain biking? It hurt to be fat and heavy!

What's your favorite trail snack? Banana Bread.

If you had a \$100 burning a hole in your pocket right now, what would you buy? Heavy Duty Springs for my Bomber and some new cantilever brake pads.



I'm sure this is somehow bike-related. This, and most other pictures this month, are courtesy of Forrest.

Rides and Events



Dawn Lyons at Pole Position (Sea Otter '02).

*Helmets required on ALL rides!
Call the RideLine at (626) 577-RACE for info*

Saturday, March 1 – Vail Lake Mountain Bike Race, Temecula. XC.

Sunday, March 2, 6:00am – L.A. Marathon Ride, Los Angeles. Ride Leader – Ray Herrera.

Wednesday, March 5, 7:30pm – Club Meeting at Pasadena Cyclery.

Saturday, March 8, 8:30am – Beginner Ride. Meet at Pasadena Cyclery. Ride Leader – Scott Dayman.

Saturday, March 8 – Solvang Century, Solvang. Ride Leader – Forrest Hayashi.

Saturday, March 8 – Southridge Mountain Bike Race Series, Fontana. Short Track XC/Freestyle DH.

Sunday, March 9, 8:00am – Brown Mountain/El Prieto Trail Loop, Pasadena. Meet at the JPL parking lot at the corner of Windsor/Ventura. Ride Leader – John Khao.

Sunday, March 9 – Southridge Mountain Bike Race Series, Fontana. XC/DH.

Saturday, March 15, 8:00am – Hoyt Canyon, ANF. Meet at Pasadena Cyclery. Ride Leader – Martin VanDerVeen.

Saturday, March 22, 8:30am – Beginner Ride. Meet at Pasadena Cyclery. Ride Leader – Scott Dayman.

Saturday, March 22, 9:00am – Aliso/Wood Canyon Park, Laguna Niguel. Meet at Pasadena Cyclery at 7:45am or at the park entrance at 9am. Ride Leader – Forrest Hayashi.

Saturday, March 22 – Southridge Mountain Bike Race Series, Fontana. Short Track XC/Freestyle DH.

Sunday, March 23, 8:30am – Lower Sam Merrill/Sunset Ridge/El Prieto Trail Loop, Altadena. meet at the top of Lake Avenue. Ride Leader – Doug Sullivan.

Sunday, March 23 – Southridge Mountain Bike Race Series, Fontana. XC/DH.

Saturday, March 29 – TBA

* ANF=Forest Adventure Pass required



Caught riding a Specialized.



Mark Thome with Missy Giove.

Classifieds

Schwinn Stingray 20" Wheel Boys' bike. From the last production run (1998) before Schwinn went bankrupt – again. Brand new in the box. Never opened. Blue color frame with the whole shebang (banana seat w/sissy bar, hi-rise bars, Schwinn grips and tires, etc...). Just like they made 'em in the 60's and 70's. Do you miss that bike from when you were growing up? Score one for your kid. They are still cool. \$350 OBO. Call Martin at: (909) 596-6603 or E-mail: martin@pmbc.org (1/2003)



2000 GT XCR1500 Small (15" effective center to center) fits riders from 5'2"-5'6". Frame made of Easton ProGram Elite tubing in Santa Ana, California. Built up with Rock Shox Judy SL fork, Fox Float RC rear shock with lockout with 4.75" of travel, Shimano Deore XT/LX components and Syncros bar, stem, and post. Choose Time or Shimano pedals. Never ridden off-road and ridden once on the street. Built it for my wife who hasn't had time to ride since we started having kids. Check it out, it's incredibly clean. \$1250 OBO. Call Martin at: (909) 596-6603 or E-mail: martin@pmbc.org (1/2003)



Vistalight VL530 system. This comes with 15W and 10W handlebar mount lights. Two spare bulbs (10W and 15W) and a helmet mount. Two NiMH night stick batteries and charger. Buy the whole set for just \$75. Retail w/o the spare bulbs is about \$160. Call Doug

Sullivan 626-683-8327 or doug@pmbc.org (9/2002)

Time pedals with two sets of cleats. These are the light green plastic ones, not the heavy aluminum ones. Buy them for \$45 so Martin G. is not the only one using Times. Call Doug Sullivan 626-683-8327 or doug@pmbc.org (9/2002)

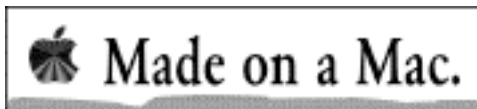
For Rent: Serfas Bike Cases – \$20 per use. I have two of these cases available for rent. Each case will hold one bike, includes a copy of breakdown & shipping instructions. Two sheets of egg-carton foam in each case protects your pride & joy from overzealous shipping gorillas. You pick 'em up at my place in Costa Mesa, and bring 'em back after you're done using them. Call Mark at 714-343-8799 (cell) or e-mail at mark@pmbc.org (12/2001)



18" steel hardtail mtb frame – \$199 or best offer. Call Doug Sullivan 626-683-8327 or doug@pmbc.org (9/2002)



Kelly bike sale at Sea Otter '02.



Club Information

Mailing Address	PMBC 1670 East Walnut Street Pasadena, CA 91106
President	Martin Gomez (909) 596-6603 martin@pmbc.org
Treasurer	Forrest Hayashi (562) 621-2158 forrest@pmbc.org
Beginners' Ride Coordinators and News/Web Editors	Scott & Katrina Dayman scott@pmbc.org
Fitness Expert	Doug Sullivan doug@pmbc.org
PMBC Rideline	(626) 577-RACE
General Membership	membership@pmbc.org
Drive-by E-Mail	mailbag@pmbc.org
Website	http://www.pmbc.org



FoFo and Greg Herbold (downhiller extraordinaire).



PMBC Membership Application

 name

 address

 city, state, zip

 phone

 e-mail

 home page url
 racing class: beginner sport expert semi/pro

new members: \$25

*old members: \$15
(renewals)*

What are your interests?

- Touring
- Beginner Rides
- Racing
- Recreational Rides
- Trail Maintenance
- Thursday Night Rides
- Riding Clinics
- Maintenance Clinics
- Trail Access Issues
- Other _____

mail checks only to: Pasadena Mountain Bike Club 1670 E. Walnut Pasadena, CA 91106

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